



Leaflets for Congenital heart Disease Clinic

These are the most frequently needed leaflets for patients with CHD. Click on the hyperlinks to access the leaflets to print off for patients.

Common Cardiac Condition Leaflets

British Heart Foundation: www.bhf.org.uk/heart-health/conditions/congenital-heart-disease

- Aortic stenosis
- Atrial septal defect
- Coarctation of the aorta
- Common arterial trunk
- Complete and partial atrioventricular septal defect
- Double inlet ventricle
- Hypoplastic left heart
- Large ventricular septal defect
- Patent ductus arteriosus
- <u>Pulmonary atresia with intact</u> <u>ventricular septum</u>

- <u>Pulmonary atresia with ventricular septal defect</u>
- Pulmonary stenosis
- Single ventricle circulation
- Supraventricular tachycardia
- Tetralogy of Fallot
- Transposition of the great arteries
- Tricuspid atresia
- Pacemakers
- ICD

Arrhythmia information: www.arrhythmiaalliance.org.uk

- Electrophysiology studies.
- Pacemakers.
- I.C.D.

Inherited Heart Conditions

<u>Inherited arrhythmias (abnormal heart rhythms)</u>

- Long QT syndrome (LQTS)
- Brugada syndrome
- Catecholaminergic polymorphic ventricular tachycardia (CPVT)
- Progressive cardiac conduction defect (PCCD)

Cardiomyopathies

- Hypertrophic cardiomyopathy
- Dilated cardiomyopathy
- Arrhythmogenic right ventricular cardiomyopathy





Transition

- A Guide to Adult Cardiac Care (Transition) www.thesf.org.uk/
- Picture Your Journey Making the transition from child to adult care www.bhf.org.uk

Lifestyle Information

- Lifestyle issues and endocarditis: www.thesf.org.uk/
- Pregnancy and contraception in congenital heart disease: www.thesf.org.uk/
- Diet, exercise, alcohol and smoking: www.bhf.org.uk

Charities Information - see also Charities and support groups (swswchd.co.uk)

- Marfan syndrome: https://marfan.org/
- Supporting Families affected by cardiac arrhythmia: www.sadsuk.org
- Cardiomyopathy: www.cardiomyopathy.org
- Supporting young people with congenital heart disease: www.youthatheart.co.uk
- Downs Heart Group: www.dhg.org.uk
- Turners Syndrome Support Society (UK): www.tss.org.uk
- Tiny Tickers: https://www.tinytickers.org/
- Little Hearts Matter Single Ventricle Heart Condition Charity: www.lhm.org.uk
- Children's Heart federation: www.chfed.org.uk
- Cardiac risk in the young: www.C-R-Y.org.uk